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Kambara

cousin (that is by a male cousin, one of whose parents is a younger sibling of one of her parents). A girl may wash her brother's kilts. Brother and sister may sit in the same house, but when his sister is present a man "talks through a Lower", that is, he avoids the usual obscene banter. If a man in the group starts to joke the brother gets up and walks out of the house. If a woman starts to joke the sister leaves immediately. Brother and sister may not take a walk together. They may take a trip on the same canoe, but if there is joking they do not participate. They are ashamed (*mandua*) and lower their eyes, and the girl moves to the other end of the canoe. Brother and sister may talk together but they do so in the polite (*vakarokoroko*) manner. They may address each other by personal name. In general the girl shows greater respect for the boy than he does for her. It is difficult (*ndrendre*) for her to speak to him. Some boys use the familiar second person singular, *ko iko*, to their sisters, but girls always use the formal second person plural, *kemundrau*.

There are also differences in the observation of the tabu by individuals on the same island. On Fulanga one man calls his real sister by her name but not his female parallel cousin. Some individuals "follow the Tongan way" and converse with less restraint.

While in Lau, I heard of only one infringement of the brother-sister incest tabu. This occurred on Moala, according to informants. The man and the woman were imprisoned by the colonial government. Informants agree that in olden days the offenders would have been exiled from the island.

Natives admit their greatest sexual desires to be centered on their tabu sisters and parallel cousins, and they think it is for this reason that the tabu exists. There is no doubt that the tabu heightens sexual interest.

Veitathini is the collective term for brothers, sisters, and parallel cousins. Strict rules of precedence based on seniority are observed between *veitathini*. A man ranks below his elder brother and the son of his father's elder brother. To these relatives he shows respect and deference. He may address them by their personal names but he must use the formal second person plural (*kemundrau*) and speak in the ceremonial manner. Greatest respect is shown to the oldest brother, who is called "first eater" (*kana i manda*). A younger brother is called "eater who follows" (*kana i muri*). Formerly the elder brother ate before the younger brother but today brothers may eat together. The oldest brother sits in a place of honor near the father and receives his food before his brothers. Next to the oldest sits the second brother, then the third, and so on. Younger brothers must clap with palms cupped (*thombo*) to show respect when the oldest finishes drinking kava or eating at a feast. A younger brother is not allowed to eat food left by his elder brother. A younger brother runs errands and secures a brand to light his elder brother's tobacco. After the younger brother has been circumcised it is his duty to prepare food and kava

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feasts connected with marriage, death, and ceremonial exchanges, the visit of a chief, a government official, or a canoe from another island. War dances and kava *meke* are performed by able-bodied men of the community, from 15 to 50 years old. Dances such as the sitting dance (*vakamalolo*) and fan dance (*meke iri*) are performed by women. At small gatherings only the young, unmarried girls, who are not pregnant and have no children, dance, but at intervillage exchanges all the women up to about 40, who are not pregnant, take part.

Old people and children form the chorus. They sit in a close group on one side of the dancers and reinforce the chanting, occasionally clap the rhythm with their hands, and beat the drums. At large gatherings several drums are beaten, at small ones only one. The usual dance drum (*lali ni meke*) is a solid, canoe-shaped block of greenheart with a small rectangular concavity in the body. A youth sits with the dance drum clasped with both arms and presses the cavity against his chest which acts as a sounding board. He breathes in and out with the rhythm while another youth sits in front of him and beats the drum with two small sticks. Sometimes the dance drum is beaten while it lies on the ground, cavity downward, but natives say the tone thus produced is flat. *Meke* are occasionally accompanied by the bamboo drum (*nduru*), a hollow section of bamboo about 14 cm. in diameter and 60 cm. long. The seated drummer holds it upright before him with both hands and drops it to the ground rhythmically. Bamboo drums are scarce in Lau where large bamboo does not grow. They are imported from Viti Levu.

The leader of the dance usually begins intoning in a loud, shrill voice. Almost immediately the group movements and the accompanying beat of the drum begin, but occasionally the drums precede the leader. After the introductory phrase the chorus joins in the chant until the end of the strophe. After a short pause the second strophe is begun in the same fashion. The whole *meke* is repeated many times.

Chanting is very shrill and loud, and resembles yelling rather than singing. A scale of several intervals is used. A limited number of movements, which interpret the words or emotions of the dance, are repeated over and over in the *meke*. Every part of the body, including the eyelids, eyes, fingers, and feet, are active. However, the gestures alone do not make clear the meaning of the *meke*, even to a native observer. A few simple gestures like the moving of wings or the paddling of oars are stylized.

Meke performances last for hours, often throughout the night, and as they progress the performers and spectators grow more and more excited. The chanting, drumming, and clapping become louder, and the body movements more intense. The war dances, which formerly served to excite the warriors to a frenzy, now serve as emotional release. The natives say that most of the *meke* have an erotic appeal.

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FLOWERS

langakali: grows wild in the bush and is also cultivated
makosoi: cultivated
mbuambua (Guettarda speciosa)
ronga
mbuandromu
uthi (Evodia hortensis)
vandra

FRUIT

makita: cultivated on Mothe and Kambara
mamba: imported from Lakemba and Totoya
lemba (Eugenia neurocalyx)
seasea (Eugenia richii)
paonggo
mbulu: imported from Totoya

BARK

sandalwood: imported from Lakemba, Oneata, and Mbua
mathou (Cinnamomum): imported from Kandavu and Tailevu

LEAVES

cinnamon: imported from Lakemba and Viti Levu
lenggalengga (Croton metallicus)

ROOTS

pako

The tough outer skin is removed from fruit, which is then pounded with a stone on a flat slab and added to the oil. Bark and roots are pounded in the same way. Some plants are either used alone or are combined with other plants, according to the preference of the oil makers. Sandalwood, *langakali*, and *makosoi* are most highly prized. Other plants are used only in combinations, never alone.

Perfumed coconut oil is made as follows:

When the fragrant plants have been collected, about 40 to 50 ripe coconuts (*i loloi*) are gathered off the ground in baskets (*kato mbolambola*) by either men or women, husked, and grated into a wooden bowl. The grated coconut is strained with a hibiscus strainer and the oil is poured into a bowl of the *sendre* type. The fragrant plants are added to the oil, and the bowl is covered with barkcloth or a mat and set over night. The next day the mixture is poured into an old dugout placed in the sun. A piece of sheet iron is occasionally used instead of the dugout today. The mixture is stirred frequently. When the oil starts to run the dugout is tilted slightly in order to drain the oil into a bowl placed under one end. The oil is now ready for use.

[415 434]

Coconut oil was formerly bottled in gourd containers made of the fruit of the *fango* (*Lagenaria vulgaris*) which was imported ready for use from Viti Levu. The *fango* does not grow in southern Lau. Gourd containers were corked with coconut fiber (*i songo ni tavaya*) wrapped with tapa. The storing of oil is not a problem today for the natives keep only enough oil on hand for their personal use, and it is kept in imported bottles.

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Perfumed coconut oil is used by men, women, and children to keep the skin soft and protect it from the sun, the cold, and the salt water. After bathing in the sea a little oil is poured on the hand, rubbed between the palms, and over the body, especially on the legs, arms, and hair. Oil is used profusely by *meke* dancers. The natives say that the sheen and perfume of oil on the skin enhances sexual attraction. [832]

3: Thompson E-5 (1933-1934) 1940 OQ6 Lau OQ6
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Light skins, like those of the
Tongans, especially among the women, are greatly admired. 142
The white skins of Europeans, however, are considered ugly. [832]

The Lauans are a well-proportioned, stalwart and heavy-boned type, slightly above the average height. Almost without 142
exception the young people have beautiful bodies. In general the men are muscular, with well-developed straight legs of which they are extremely proud. The young girls are stream-lined and graceful with slender hips and upstanding breasts. They mature rapidly, and usually by the age of
eighteen have the well developed forms which are particularly [145]
admired by the men. Thereafter with the strain of child-bearing they age quickly. Old people are usually lean and angular.

As may be expected because of the intermediate geographic 144
position of the Lau islands between Melanesian Fiji and Polynesian Tonga, the physical type here described represents a mixture of the racial stock of these two areas.[4] As a group the Lauans are easily distinguished from the Melanesian natives of Fiji proper and also from the Polynesian Tongans, but there are individuals among them who closely resemble the mountain people of the interior of Viti Levu where the most Negroid types of Fijians are found, and others who look pure Tongan. The Fijian types are found among the descendants of the aboriginal inhabitants of Lau, especially on Fulanga, and the Tongan types in Tongan centers like Lakemba, the home of the high chief of Lau.

The Lauans speak a dialect of the Fijian language which 197
belongs to the Malayo-Polynesian stock, found throughout

[4] The terms Melanesia and Polynesia are used in this work primarily to denote culture areas. Melanesia extends from New Guinea to Fiji, and is bounded on the [101]
south by Australia and on the north by the Carolines, the Gilberts and the Ellice islands. On the east lies Polynesia which forms a triangle including New Zealand, Hawaii and Easter island. The two areas differ in native culture, race and language. Melanesian culture is less organized than Polynesian, and the natives are Negroid in type with blackish skins, frizzly hair and coarse features, in contrast to the brown skins, wavy hair and finer features of the Polynesians. The languages of the two areas differ in grammar and vocabulary.

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836 839 house, because he hoped that people would believe he had come to find the boy. He ran out of the house and escaped, but not before he had been recognized. The next day the story had spread all over the island and Sekala was the butt of much ridicule.

832 If a girl wants a man, according to one informant, she talks nicely to him, says a tabu word in fun, and asks him for tobacco. Then she can see whether or not he likes her. If the man does not care for the girl and she desires him, she tries to arouse him by making lascivious movements or by approaching him when he is asleep.

836 833 Lovers usually have intercourse at night under the palm trees fringing the beach or in an empty house in the village. If a house is already occupied they try to find another place, perhaps the shadow of a canoe. Occasionally they meet during the day in the bush. Married people have connection in the sleeping house or in the bush.

539 GETTING MARRIED IN LAU

Mbasu na waka me tou nggunuva,
Livi na kena wai mbulambula,
Wai sevu ma kere savuya,
Kena kambisa koto ma na utha.

Break the kava root and let us drink here,
The water poured in is quite clear,
I can hear the sound of it again
Like the falling of the gentle rain.

Kava chant from Namuka.

584 FREQUENTLY a boy is betrothed at an early age to his cross cousin, the preferred mate in Lau. Child betrothal is not so common in Lau today as it was formerly, for there is a growing tendency for young people to choose their mates themselves. Child betrothal is arranged by the boy's father any time before the child reaches the age of seven or eight, when he is informed of the arrangement.